

Subject

One Mind One Heart Newsletter – A New Vision for the Children

Dear One Mind One Heart Family,

Thank you for your patience, your love, and your continued support.

During our recent visit with the children at the orphanages, we were once again reminded how deeply moving it is to be on the ground with them. This experience allowed us to truly see and feel their current needs—emotional, physical, and educational—and reaffirmed why this mission matters so profoundly.

Spending time with the children brought clarity, inspiration, and a renewed commitment to serve in the most meaningful and responsible way possible.

Since returning home, we have been thoughtfully reorganizing our website and laying the foundation for new projects—each one directly inspired by what we witnessed. Every decision is guided by one intention: to create greater stability, care, and opportunity for the children and the devoted staff who support them every single day.

A New Vision: Preparing for the Future

During this trip, one realization became very clear:

We must help prepare these children for life beyond the orphanage.

As many of them approach adolescence and adulthood, they need real tools to succeed in the working world and to build independent, dignified lives.

From this realization, two key initiatives were born.

1. English Education Program

We are launching an online English program for 15 adolescents—giving them a critical tool for employment, confidence, and independence.

To make this possible, we will:

- Renovate a second-floor space into a dedicated classroom
- Furnish it with desks and chairs
- Purchase 15 computers and headphones

- Provide reliable internet access
- Fund ongoing English instruction

✨ This classroom will be more than a room—it will be a bridge to opportunity.

2. Pastry Training & Workforce Transition Program

A critical challenge we witnessed is what happens when adolescents turn 18.

At that point, they must leave the orphanage—often without a safe place to go or a stable job.

In response, we are launching a professional pastry training program:

- Developed with Chef Patricia Flores
- Supported by local government certification
- In collaboration with local hotels to help secure job opportunities

The first pilot group will include 15 adolescents (ages 16–17), combining:

- Pastry training
- English as a second language

To make this possible, we need to:

- Adapt and equip a kitchen
- Provide supplies and materials
- Cover training costs (offered at a special rate for the children)

♥ Your support here can directly change the trajectory of their lives.

✨ **Bringing the Children to the 10-Day Healing Event**

As the June 10-Day Healing Event at Barceló approaches, we are preparing something truly meaningful.

We are working to bring:

- 22 children from Cancún
- 12 children from Chetumal (including children with severe conditions such as cerebral palsy)

This includes:


- A 5.5-hour journey
- Full staff accompaniment
- Onsite stay during the healing sessions

We will be covering:

- Transportation
- Lodging
- Full logistical support

This opportunity allows the children to experience in-person healing sessions that can have a profound impact on their emotional and physical well-being.

We have personally witnessed the transformation these children experience during these sessions—moments often described as nothing short of extraordinary.

 We invite you to watch these powerful testimonials and moments of transformation in the videos shared with this newsletter.

 **Would you like to be part of making this possible?**

What We Have Recently Accomplished

Collaboration & NeuroChange Solutions Training


In collaboration with Give to Give Foundation and La Casa del Maestro Foundation, we supported the NeuroChange Solutions training inspired by Dr. Joe Dispenza.

- Over 60 staff members, leaders, and caregivers participated
- Participants experienced deep personal transformation
- Greater alignment was created in how they support the children

We also introduced Dr. Joe's meditations adapted for children, translated into Spanish for different age groups.

 The results were extraordinary:


- Increased emotional awareness
- Greater calm and presence
- More openness to learning


 We are also sharing images from the training to give you a glimpse into this powerful experience.

Art That Heals and Gives Back

During our visit, we brought back over 50 beautiful paintings created by the children as part of their art therapy program.

Painting allows them to express, release, and heal.

 Explore the collection:
www.onemindoneheart.org

 100% of proceeds support the children and their future.

Together, We Make This Possible

We are profoundly grateful to walk this journey with you—

with one mind and one heart.

Your love, generosity, and belief in this mission are what make all of this possible.

With love and gratitude,
One Mind One Heart
